



Annual Celebration  
WORLD TAI CHI & QIGONG DAY  
10:00 am, Saturday, April 27, 2024  
Town Green, Colchester, CT

## 26<sup>th</sup> ANNUAL WORLD TAI CHI & QIGONG DAY

~ **Saturday, April 27<sup>th</sup>, 2024** ~  
**10:00 AM to 3:00 PM**

*with tents ready for any weather!*

**Colchester Town Green - Colchester, CT**

Connecticut's Largest and Longest  
Continuing Celebration.

At **10:00 am**, we take part in the annual  
"Worldwide Wave" of qigong exercise,  
followed by a day of **free** classes,  
demonstrations and information.

**Join us, and bring your friends and family to enjoy this unique event!**

More than sixteen teachers offer a rich variety of **24 free classes**  
& **demonstrations** from the ancient arts of Tai Chi, Qigong and more.  
For beginners and enthusiasts alike, **No experience necessary!**

Experience the power and healing benefits of these wonderful traditional arts. Meet  
and learn from expert, dedicated teachers. For the class and demonstration  
schedule, archives of our past annual celebrations and more, go to:

<https://connecticuttaichi.us/>



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### ***Directions and parking***

**26<sup>th</sup> Annual Connecticut World Tai Chi Day, Colchester Town Green**  
~ **Saturday, April 27<sup>th</sup>, 2024 10:00 AM to 3:00 PM** ~

**From Rte 2 North or South:** Take exit 18 and follow Rte 16 East. Less than 1/2 mile on the right will be the Colchester Federated Church - park in the church parking lot with extra parking accessed between the two small white houses. The Green is across Rte 85 from the church. Be sure to use the marked cross walks!

**From Rte 66 East or West:** Take Rte 85 South about 10 minutes. After Rte 85 turns left onto Broadway/Main St, look for the Green on your left where Rtes 16 & 85 merge. Parking is available on Hayward Ave (East edge of the Green), and at the church across Rte 85. With a short walk, overflow parking is also available at Colchester Town Hall (127 Norwich Ave) and Cragin Library (8 Linwood Ave).

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